



## Polasaí Snámh Scoile

### **Más rud é go bhfuil difríocht idir a bhfuil scríofa as Gaeilge agus as Béarla sa pholasaí seo, glactar leis an leagan Gaeilge mar an leagan cruinn agus an leagan Béarla mar aistriúcháin.**

#### **Réamhrá**

Eagraíonn an scoil ceachtanna snámha i UCD do rang a 3. chun a chur ar chumas na bpáistí na bunscoileanna snámha a fhoghlaim agus iad ag freastal ar Ghaelscoil na Fuinseoige. Cuirtear bus ar fáil dóibh chun taisteal chuig an t-ionad snámha.

“Braithfidh eagrú na hOiliúna uisce ar an teacht atá ag an scoil ar áiseanna linne, ar sholáthar cóir iompair, agus ar fháil a bheith ar mhúinteoirí snámha a bhfuil cáilíochtaí cuí acu. Ní bheidh teacht ag roinnt scoileanna ar shaoráid don oiliúint uisce, ach ba chóir tréaniarracht a dhéanamh bloc gairid ama fiú a sholáthar do gach rang am éigin i rith a thréimhse bunscolaíochta”.

#### **Treoirínite na Nósanna Imeachta**

- Rachaidh daltaí ón rang-ghrúpa roghnaithe ag ceachtanna snámha sa linn sná feitheoireachtmha i UCD.
- De bharr costais taistil go dtí an linn, an linn a chur ar chúis agus nateagascóirí snámha a íocadh beidh costas gearrtha ar gach páiste. Is féidir é seo a bheith íochta leis an scoil roimh thús na gceachtanna snámha nó ag píosa gach seachtain.

#### **Cleachtas**

- Déanfaidh an scoil an clár snámha a eagrú don rang-ghrúpa roghnaithe agus cuirfear tuismitheoirí/caomhnóirí ar an eolas faoi an téarma roimh ré.
- Tabharfaidh cóiste snámha de chuid linn snámha an teagasc.
- Rachaidh na páistí go dtí an linn, faoi chúram na múinteoirí ranga agus baill foirne eile agus déanfaidh siad feitheoireacht ar na páistí roimh agus i ndiaidh an cheachta snámha.
- I rith na gceachtanna, fanfaidh na múinteoirí ar an ardán chun feitheoireacht a dhéanamh ar an ngrúpa iomlán agus paistí a bhféadadh go mbeadh orthu dul go dtí an leithreas.

#### **Sláinte & Sábháilteacht**

- Cloífead lena cleachtais is fearr maidir le feitheoireacht, teagasc, agus nósanna imeachta i leith Chosaint Leanaí de réir mar atá siad imlínithe ag an Comhairle Spóirt na hÉireann, Snámh Éire, agus an Comhairle Sábháilteachta Náisiúnta.
- Is gá do dhaltai dea-iompair i gcónaí a léiriú chun sábháilteacht gach éinne atá páirteach sa snámh a chosaint.
- Gheobhaidh tuismitheoirí/caomhnóirí litir caighdeánach roimh ré ag tabhairt eolais ar na ranganna snámha, sula dtosaíonn siad ar na ceachtanna snámha.
- Ní thógfad díbholaíoch spreála srl ag an linn mar go spásanna teoranta atá sna seomraí gléasta. Cloífead go beacht le Treoirínite Sláintaíochta agus Sábháilteachta údarais na linne.

- Le linn do na daltaí a bheith sa linn, iarrfar ar pháistí dul le treoracha an teagascóra agus cloígh le Cód Smachta na Scoile.
- Beidh seomra feistis príobháideach le glas ar an doras ag Gaelscoil na Fuinseoige. Fanfaidh ball foire taobh amuigh den doras agus tógtar na páistí ón linn chuig na seomraí feistis i gcónaí.
- Lorgítear cead bliaintiúl óna tuistí/caomhnóirí do na daltaí freastal ar ranganna snámha.

### **Ullmhúcháin**

- Is gá do na daltaí atá ag freastal ar an snámh a gcuid éide scoile spóirt a chaitheamh ar scoil ar an lá (d'fhéadfaidh na culaith snámha a bheith faoi na héidí spóirt acu).
- Beidh ar gach dalta mála oiriúnach a thabhairt leo chun a gcuid fearais snámha a iompair. (Mála spóirt nó mar sin le zip nó fáiscín éadaigh eile). Bíodh sé go bhfuil lipéad d'ainm an dalta curtha air ag gach páiste.
- Caithfear go mbeidh a gcuid culaith snámha féin ag gach páiste agus tuáille, scuab gruaige, caipín snámha agus beifear ag súil go mbeidh na páistí freagrach as a gcuid fearais féin.

### **Díolúintí**

Cuireann an Bord dhá chúis díolúna faoi chaibidil:-

#### Sláinte/Riachtanais Bhreise:

Má bhíonn buairt ag tuismitheoir/caomhnóir/ball foirne i dtaobh páiste a bheith ag glacadh páirt sa snámh, is gá dóibh comhairle proifisiúnta a lorg sula dtosaíonn na ceachtanna snámha.


Ar leasa an pháiste, tá sé de dhualgas ag an tuismitheoir/caomhnóir aon riocht sláinte nó riachtanais breise a d'fhéadfadh a chur isteach ar an dalta sa linn snámha a chur in iúl don mhúinteoir ranga nó Príomhoide. Coinneofar an teolas seo faoi rún agus tabharfar do theagascóirí na linne é ar bhonn riachtanais.

#### **Ról an CRS i rith na gceachtanna.**

Tugann CRS aire do na páistí le riachtanais bhreise. Níl sé de dhualgas ar CRS a bheith sa linn i rith an cheachta. Déanfaidh an linn an cinneadh faoi chumas na bpáistí agus má tá múinteoir indibhidiúil de dhíth.

#### **Monatóireacht & Athbhreithniú**

Déanfar athbhreithniú ar an bpolasaí seo de réir mar is cuí.

Sínithe:   
Caththaoirleach

Dáta: Márta, 2023



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## **School Swimming Policy**

**Should there be any discrepancy between the Irish and English in this policy, it is accepted that the Irish is the correct version and the English is provided as a translation.**

### **Introduction**

*The school organises swimming lessons in UCD swimming pool for third class pupils to enable pupils to acquire basic swimming skills. Transportation is also arranged.*

*“The organisation of aquatics will be influenced by the degree of access to pool facilities, the provision of transport and the availability of suitably qualified swimming teachers. For some schools’ access to a facility for aquatics is not possible, but every effort should be made to provide even a short block of time for each class at some stage during the primary years.” Primary School Curriculum*

### **Procedure Guidelines**

- *Pupils from the nominated classes will attend swimming classes in UCD annually.*
- *Costs incurred by travelling to the pool, hiring of the pool, and payment of instructors necessitate a charge being imposed on each pupil. This can be paid to the school prior to lessons or in part per week for the duration of the lessons.*

### **Practice**

- *The school will organise the swimming programme for the nominated classes. Parents will be notified the preceding term of the swimming arrangements.*
- *Instruction in the pool will be provided by the swimming coaches.*
- *Pupils will be accompanied and supervised by their class teacher and other members of school staff on the way to the pool from the school and will provide supervision before and after the swimming lessons.*
- *During the lessons, teachers and adults should remain on the viewing deck during the lesson in order to supervise the overall group and pupils who may need to use the toilets during the lesson.*

### **Health & Safety**

- *Best practice in relation to the supervision, instruction and child protection procedures as outlined by the Irish Sports Council, Swim Ireland and the National Safety Council will be adhered to at all times.*
- *Pupils are required to behave at all times in a manner that ensures the safety of all involved in school swimming.*
- *Parents/guardians will receive a standard letter providing information on school swimming before their child starts their swimming term.*
- *Aerosol deodorants etc must not be brought to the pool as the dressing rooms are confined spaces. The Health and Safety Guidelines outlined by the pool authorities will be strictly adhered to.*

- *While in the pool, pupils must obey the instructor's orders at all times and comply with the School Code of Conduct.*
- *Children from Gaelscoil na Fuinseoige will have a private changing area with a locked door. A staff member remains outside the door at all times and no one can enter or exit without their permission. Children are escorted from the changing area to and from the pool in all instances.*
- *Annual permission is sought from parents to permit their children to attend swimming lessons.*

### **Preparation**

- *All children attending the course should wear their school tracksuit (swimming togs may be worn under tracksuits coming to school).*
- *Each child must have a suitable bag to carry his/her swimming gear (sports bag or similar with secure zip or other fastening). The bag must be clearly labelled with the child's name.*
- *Each child must have their own togs, towel, hair brush and swim cap and it is expected that each child will be responsible for all of their own belongings.*

### **Exemptions**

*The Board considers 2 cases where children may be exempt from lessons.*

#### Health/additional Needs:

*Where a parent/guardian/staff member has a concern regarding a child's participation in swimming lessons, professional advice must be sought before the child participates in the swimming lesson.*

*In the best interest of the child, it is the duty of parents/guardians to inform the class teacher and/or principal with regard to any health condition or additional needs that may affect the child in the pool. This information will be held in confidence and provided on a need to know basis to the swimming instructor.*

#### **Role of SNA during swimming lessons:**

*SNA(s) are required to assist the pupils with additional needs to enter and exit the pool and be available at all times during the swimming lesson to take the child from the swimming instructor if he/she are no longer taking part in the lesson. The SNA(s) are not required to enter the water with the child.*

*It is the responsibility of the instructor, be it an individual or group instructor to teach the pupil with additional needs. It is the decision of the swimming pool whether or not the pupil is capable of being in a group swimming situation or an individual one. This depends on the ability of the individual child in the water. This decision may be reached before or after the child's first lesson in the pool.*

#### **Monitoring & Review**

*This policy will be revised as needed.*

Signed: *Disin Chamber*  
Chairperson

Date: March, 2023